

Utilizing EMDR with Complex Trauma*

with Dr. Roger Solomon, PhD.

January 11-12, 2019 in East Hawaii

DAY 1

This workshop will describe the Theory of Structural Dissociation of the Personality, the role of insecure/disorganized attachment styles, and how to integrate EMDR treatment within a Phase Oriented framework. The overall goal of the workshop is to enable the therapist to effectively treat clients with complex trauma.

Teaching points will be illustrated by video tapes of sessions.

Topics covered include:

- Phase-Oriented Treatment
- The role of disorganized attachment.
- Application of EMDR therapy principles for preparation and stabilization
- Strategies and modifications of the standard EMDR protocol to facilitate memory processing, staying within the patient's "window of tolerance."
- Emphasis will be given to presentation and discussion of tapes of EMDR sessions to understand the clinical phenomena and the therapy process.

DAY 2

This workshop will emphasize stabilization strategies including Fraser's Dissociative Table and Resourcing Parts (including time orientation, building compassion, understanding the "good job" function of parts). Demonstrations and practice will be emphasized with the overall goal of the participant learning skills to work with parts.

COST and CREDITS

- \$275 for 2 days
- Specialty needs practitioners and those with financial need may apply for waivers and reductions.
- 6 CEUs offered per day (12 total)
- To register, contact thegreenwill@gmail.com or 808-965-5349

*This workshop is for professionals with a clinical background who have completed EMDR Basic Training (Levels 1 & 2)

